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ANNAPURNA SANCTUARY TREK

Overview

The Annapurna Sanctuary Trek (the world's 10th highest peak at 8,091 meters which is 26,545 feet above sea level) is a stunning excursion on foot to the South Face of Mt. Annapurna, a pleasant hike through Nepal's remarkable landscape and culture. The Annapurna Sanctuary trek, which also includes a visit to Annapurna Base Camp, is ideal if you have limited time but want to experience an extraordinary pavilion of rock and ice on a grand scale. Throughout our journey, we will encounter cascading waterfalls, beautiful villages, terraced farmlands, lush rhododendron forests, relaxing hot springs, fun-loving Gurung communities, and amazing mountain vistas before reaching the base of the mighty Annapurna. If you have a little more time, there are also many fantastic extension possibilities. This is the journey for you if you want to visit somewhere gorgeous and intense with snow-capped Himalayan peaks as a backdrop. We also spend nights at Machhapuchhre Base Camp and Annapurna Basecamp, giving us plenty of time and opportunity to enjoy the breathtaking scenery. The peak seasons for the Annapurna Base Camp Trek are autumn (September to November) and spring (March to May). The weather is sunny and comfortable, with gorgeous landscapes. If you want to escape crowds and spend some time alone with nature, taking this trip during the winter (December, January, and February) may be an alternative. However, the temperature during winter could be harsh, while during the summer or Monsoon seasons (June to Aug.) there will be rain.

Itinerary

Day 1: Drive from Pokhara and Trek to Tolka.

Drive for half an hour from Pokhara to Kande and begin the climb to Tolka. We may experience the stunningly beautiful scenery of terraced rice fields, eye-catching scenery,

Trishuli and Marshyangdi Rivers, and incredible views of Manaslu, Lamjung Himal, and most of the Annapurna Himalayan Range on this exciting drive. The route is difficult until Dhampus, then it's a beautiful easy walk up to Deurali, then it's a steep downhill to Bherikharka and a 30-minute walk to Tolka. Stay in the lodge for the night.

Destination: Tolka

Altitude Gain: 1700

Duration: 5

Accommodation: Teahouse

Day 2: Trek to Chomrong.

We follow a relatively flat trail until Landruk, then descend and hike down the river via Himalpani, crossing the Modi Khola suspension bridge near New Bridge. Then we walk until we reach Chomrong, one of the largest Gurung villages, passing through Jhinu Danda, which is set on a ridge. We hiked steeply up for almost 1.5 hours to reach Chomrong. Stay the night at the lodge.

Destination: Chomrong

Altitude Gain: 2100

Duration: 6

Accommodation: Lodge

Day 3: Trek to Dovan.

The path drops 310 meters down hundreds of stone steps before crossing Chomrong Khola on a bridge and rising to Sinuwa at a height of 2340 meters. It is a short trek through rhododendrons with orchids and ferns, then a steep descent with a stone stairway to Bamboo. After lunch, we will walk for about an hour through the chilly forest to Dovan, which is at an elevation of 2630 meters. Stay the night at the lodge.

Destination: Dovan

Altitude Gain: 2630

Duration: 7

Accommodation: Lodge

Day 4: Trek from Dovan to Deurali.

The distance between Dovan and Deurali is 7.7 kilometers / 4.7 miles. Dovan hamlet is about 2600 meters above sea level. The distance between Dovan and Deurali is part of

the ABC trekking route in the Himalayas. Trekking from Dovan to Deurali we will be experiencing the amazing biodiversity along Modi Khola and the bamboo forest.

Destination: Deurali

Altitude Gain: 3230

Duration: 6

Accommodation: Lodge

Day 5: Trek to Annapurna Base Camp.

The valley expands and becomes less steep above Deurali. After ascending a stone staircase, we arrive at the site of an avalanche. This area has been warned of avalanche danger, so proceed with caution until you reach a safe location. More lovely White Mountains can be seen and approached as you travel further. After Machhapuchhre Base Camp, the trail curves to the left in the valley, and it is a lovely trek up ABC despite the thin air. Base Camp provides a 360-degree view of the mountain. There are spectacular views of Annapurna I (8091m), Annapurna South (7219m), Machhapuchhre (Mt. Fishtail) 6997m, and several beautiful peaks.

Destination: Annapurna Base Camp

Altitude Gain: 4130

Duration: 6

Accommodation: Lodge

Day 6: Trek to Dovan/ Bamboo.

We trek down to Dovan or Bamboo via MBC (Machhapuchhre Base Camp), Deurali, and Himalaya after enjoying a brilliant mountain vista and a hot cup of tea or coffee. On the way, we stop for tea and lunch. Stay the night at the lodge.

Destination: Dovan/ Bamboo

Altitude Gain: 2310

Duration: 7

Accommodation: Lodge

Day 7: Trek to Ghandruk.

The trail begins quite flat, then descends Kimrong Khola and ascends to Kimrong Danda. We can take a lunch break there before continuing our journey to Ghandruk, a lovely Gurung village also recognized as a "Gurung Heritage" site where we can visit a Gurung

museum and a monastery. Spend the night there.

Destination: Ghandruk

Altitude Gain: 1940

Duration: 6

Accommodation: Lodge

Day 8: Ghandruk to Pokhara

The distance between Pokhara and Ghandruk is 20 km. This is the final destination of our journey. We descend to Kimche and take a jeep to Nayapul if you are exhausted; else, we continue walking till we reach Nayapul and drive to Pokhara. Spend the night in a hotel.

Destination: Pokhara

Altitude Gain: 800

Duration: 4

Includes

- Three meals a day during the Trekking (Breakfast, Lunch and Dinner).
- Accommodations in Tea House during the Trekking.
- Drop to trek destination from Pokhara to Kande/ Pothana.
- ??Trekking Guide and a porter (Sharing by two clients) with Insurance, food, accommodations.
- Proper First aid kit.
- Trekking permit (Conservation fee).
- A TIMS card (Trekking Information Management System) is like a permit.
- The company???'s duffel bag will also be provided. (If needed).
- All essential official fees.

Excludes

- International Airfare.
- Your travel insurance.
- Excess baggage charge (weight limit 9 kg per person).
- Nepal visa fee.
- Any kind of drinks during the trek.
- Other items of personal expenses like hot shower, battery charge, telephone, porter, etc.

- Tips for the Guide and Porter(expected).
- Travel insurance that covers emergency high-altitude help – rescue and evacuation and health care costs (compulsory).
- Additional costs or delays due to circumstances beyond our control like bad weather conditions, itinerary modification for safety, government policy changes.