



Email: navigationtraveltrek@gmail.com

Phone: 061-457693

Chitwan National Park

Overview

Mount Everest North Side Expedition is one of our major regular expeditions – obviously the most popular one. We have been regularly organizing and successfully executing Everest expedition from the Tibetan side for over a decade and we are one of the few foreign expedition operators recognized by the China Tibet Mountaineering Association.

Our Everest North Side Expedition takes place every spring season – April to May. And we start it from our base in Kathmandu. Our group meets up here in the capital and after completing visa documentation we fly to Lhasa, the capital city of Tibet Autonomous Region. Keeping in mind the acclimatization schedule we take time exploring the Tibetan culture and landscape and slowly proceed towards the Everest Base Camp.

On the Tibet side, we set up three base camps: the main camp at 5200, also known as the Chinese Base Camp, Intermediate Camp at 5800m and the Advance Base Camp at 6400m. Each of these camps are well equipped to provide comfort and quality service to our expedition members. While some of our expedition sherpas set up the three high camps: Camp 1 at 7000m, Camp 2 at 7700m and Camp 3 at 8300m our expedition members complete at least two rounds of acclimatization schedule between Camp 1 and the Base Camp. Then as the ropes are fixed until the summit we are ready to make the summit attempt. By the end of May, as we wrap up the expedition we return by road via Kyirong.

Itinerary

Day 1: Arrival in Kathmandu

One of our staff, usually your trek guide, awaits your arrival at Tribhuvan International Airport in Kathmandu. After a warm welcome, upon your arrival, we will transfer you to hotel, followed by a welcome dinner in the evening and an informal briefing about the days

ahead.

Destination: Kathmandu

Altitude Gain: 4000

Duration: 5

Accommodation: Hotel

Day 2: Sightseeing to Cultural Heritage sites of Kathmandu

Apart from being the capital city of Nepal, Kathmandu is originally a place rich in cultural heritage sites. On this day, we take you on a half-day tour to visit the holy and precious stupas of Boudhanath and the Swoyambunath. Swoyambunath Stupa is also popularly known as the Monkey Temple, due to the fact that its premises are also a home to monkeys. We also utilize some time checking up your gears and assist you do some last minute shopping – if necessary.

Altitude Gain: 3000

Duration: 1

Accommodation: Hotel

Includes

1. Permit and other charges
 - ? Kanchenjunga Climbing Permit
 - ? Kanchenjunga National Park Permit
 - ? Kanchenjunga Restricted Area Permit
 - ? Liaison officer's fees and allowance
2. Hotel Accommodation
 - ? 6 nights hotel accommodation in Kathmandu
 - ? Hotel/lodge accommodation on the way to base camp and return as per itinerary
3. Transportation
 - ? Domestic flight : Kathmandu-Bhadrapur-Kathmandu
 - ? Road transport : Bhadrapur-Khandenba-Bhadrapur by jeep
 - ? Airport pick up and drop
 - ? Expedition Cargo : Kathmandu – Base Camp – Kathmandu by Truck, Porters
4. Expedition Staff
 - ? One experienced expedition Sirdir – Chhiring Dorje Sherpa
 - ? Experienced Climbing Sherpa – 1:1 (client to sherpa ratio)
 - ? Expedition Cook and Kitchen Helpers

5. Trek & Base Camp Service

- ? All Meals (breakfast, lunch and dinner) during the trek
- ? All Meals during climbing period
- ? Shared Kitchen & Dining, Heater and Solar Charging at Base Camp
- ? Personal Tent at Base Camp

6. High Camp Food & Facility

- ? Shared High Altitude Tent (2:1)
- ? High Food
- ? Fuel (Primus gas) and cooking set

7. Supplementary Bottled Oxygen, Regulator & Mask

- ? Five Bottle Oxygen (Summit Oxygen) and set of Mask-Regulator
- ? Three Bottle Oxygen for Climbing Sherpa

8. Communication

- ? One Set Satellite Phone (personal calls chargeable)
- ? Radio communication set

Excludes

1. Flight Ticket

- ? International flight ticket

2. Personal Climbing Gear

3. Insurance

- ? Medical Insurance

- ? Rescue & Evacuation

4. Summit Bonus

5. Tips to Expedition Staff

6. Extra night hotel in Kathmandu

7. Lunch, Dinner, and Beverages in Kathmandu

- 8. Other costs incurred due to the occurrence of unforeseen incidents such as earthquake, war, Government Policy change, etc.