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DHAMPUS PEAK

Overview

Dhampus Peak, also known as Thapa Peak by locals, is located in the middle of the Dhaulagiri Mountain. Dhampus Mountain, located in the northern Annapurna region of Nepal, is a famous non-technical trekking peak. Dhampus Mountain Climbing is a beautiful trekking peak in Nepal that rises 6,012 m above sea level and is located in the lap of the Tukucho Peak and Dhaulagiri Himal. The Dhampus peak ridge follows the massive interfluvial ridge that separates the Upper Dolpo and Upper Mustang regions. You will walk the lonely Dhaulagiri circuit, bending out towards the mountain in the Hidden Valley. You will join the route at Dhampus La pass after summiting. The peak is simple to reach and requires no special equipment.

The view of some of the world's tallest mountains, including Dhaulagiri and the Annapurna Massif, from the peak summit, is the big attraction of the Dhampus Peak climbing trek. The journey also provides an opportunity to learn about the flora and fauna of the Annapurna Conservation Area's subalpine and temperate highlands. In addition, observing the distinct culture and traditions of the ethnic Thakali and Tibetan Buddhist communities living in the old Mustang is an unforgettable experience. Dhampus Peak provides an excellent perspective of the neighbouring high mountains, including Dhaulagiri (8,163 m), Sita Chuchura (peak) (6,611 m), Nilgiri (6,940 m), Tukucho Peak (6,920 m), Tilicho Peak (7,134 m), Thorong Peak (6,484 m), Yaskawa Kan (6,482 m), Putha Hiunchuli (7,246 m), Mukut Himal (6,639 m), Tangu Peak (6,197 m), Hongde peak (6,556 m), Tsarste (6,347 m) and more landscape. The Dhampus peak is snowy and slightly steep, but it is simple and less physically challenging. For eight days, there is an average of 5 to 6 hours of trekking every day, with one climbing day. At the peak, it reaches a maximum altitude of 6,012m/19,724ft. Although prior peak climbing experience is not required, one must be physically fit to have the best climbing experience of their life.

Itinerary

Day 1: Drive from Pokhara to Beni and Trek to Tatopani.

Today we depart from Pokhara for Beni, a three-hour beautiful drive before beginning our hike from Beni to Tatopani, traveling through cultivated fields before arriving at Tatopani Village, where we can relax in the therapeutic hot baths.

Destination: Tatopani

Altitude Gain: 2530

Duration: 6

Accommodation: Lodge

Day 2: Trek from Tatopani to Ghasa.

Today we will Begin your journey to Ghasa by following the swiftly flowing Myagdi River. On the route, you'll pass through some wonderful villages. You'll be leaving behind Tatopani's more convenient shops and businesses, so stock up on supplies if possible. After going through green farms and forests, you will come to the Rupse Waterfall. You will arrive in Kopche Pani, where you will be able to rest and eat. On this day, there will be an ascent of over 1,000m/3,280ft, so prepare for the stone steps. In certain spots, there are undisturbed lush trees and massive rocks stacked on top of each other as a result of rockslides from steep slopes. Ghasa can be reached by following the river.

Destination: Ghasa

Altitude Gain: 2113

Duration: 6

Accommodation: Lodge

Day 3: Trek from Ghasa to Larjung.

Today we will continue our trek by walking a beautiful and peaceful path. Ghasa is a little village where the walkways appear to be under construction. We will continue our walk to Larjung which is 31 kilometers (20 miles) away from Larjung. As we trek, we had to climb through some thorn bushes, over stone walls, and across someone's field to get back on the footpath. Once there, it will be worth the crazy detour. We stumble upon a goat herder with hundreds of goats all taking a nap in the shade of the pine trees. This path connected back with the main road. On the other side of the road, a path picks back up, hence we will reach Larjung village.

Destination: Larjung

Altitude Gain: 2552

Duration: 6

Accommodation: Lodge

Day 4: Trek from Larjung to Marpha.

After a brief climb, we contour on a trail high to Marpha this morning. Larjung is a very quiet village where people prefer silence. The road to Larjung followed the river in the valley below, pines covering the mountains above. Walking first through the village of Kobang, here the road wide and muddy, we eventually turned off the road on a stone paved trail lined by stone fences and fields leading into Larjung. From here, we ascend the other side of the slope down a wide trail/road through pines that eventually deposited us along the banks of a rushing river.

Destination: Marpha

Altitude Gain: 2720

Duration: 6

Accommodation: Lodge

Day 5: Trek from Marpha to Yak Kharka.

Today we wake up early and prepare our bags for the trek to Yak Kharka. We head into town where the route begins and head up the foothills surrounding Marpha. What began as a relatively well-established trail turned into goat tracks. We walk our way to these steep slopes as the winds picked up.

Destination: Yak Kharka

Altitude Gain: 3900

Duration: 6

Accommodation: Lodge

Day 6: Trek from Yak Kharka to Dhampus Pass (Thapa Pass).

Today, we will be heading for Dhampus pass with nothing but pride in our hearts after the huge accomplishment of submitting after adventure. You surely deserve some pats on the back and moments of celebrations which we will certainly be conducting in favorable accommodations.

Destination: Dhampus High Camp

Altitude Gain: 5244

Duration: 8

Accommodation: Teahouse

Day 7: Climb from Thapa Pass to Dhampus (Thapa) Peak and return to Kalopani.

We'll have to get up early to reach the summit at about lunchtime. The views over a huge white landscape of massive peaks become more spectacular as we ascend higher. This is a fantastic opportunity to shoot the numerous 30+ soaring peaks, particularly Tukucho (6920m) and Dhaulagiri I (8167m).

Destination: Kalopani

Altitude Gain: 6012

Duration: 9

Accommodation: Teahouse

Day 8: Trek from Kalopani to Tatopani.

Kalopani to Tatopani distance is where you discover the deepest gorge in the world. Another delight of the trek is Tatopani where you can enjoy bathing in natural hot springs. Kalopani to Tatopani trek distance is 22.7 kilometers / 14.1 miles. We will cross, Lete, Dhaiku, Ghasa, Rupse Chhahara(waterfall), Dana and Guithe villages. The elevation of Tatopani is 1190 meters above sea level.

The Kalopani to Tatopani trek in Kali Gandaki valley is primarily intended for individuals who like to experience the magnificence of spectacular mountainous landscapes, dramatic valleys, and breathtaking Himalayan views of the surrounding. This fascinating journey takes you through some of the western region's most pure natural landscapes and remote human settlements. Trek from Kalopani to Tatopani. You will also be treated to the rich cultural heritage of the Gurung and Thakali ethnic groups as you travel through Thakali villages along the way.

Destination: Tatopani

Altitude Gain: 2530

Duration: 7

Accommodation: Lodge

Day 9: Drive from Tatopani to Pokhara via Beni.

Our trekking days are done as we take a gorgeous journey back to Pokhara, where we will stay near Lakeside, where you may reminisce with friends over a drink and discuss your trek and climbing adventure to Dhampus Peak. As we are traveling, we bid our farewell to all the places, routes, people and colleagues on this journey. You will recognize most of them through your window. Thank you and have a safe trip home.

Destination: Pokhara

Altitude Gain: 822

Duration: 7

Includes

- Nepal Government, expedition royalties.
- Return Transport (Kathmandu – Pokhara) by Tourist bus.
- Official (government registered and licensed) guide and porters.
- All meals (Breakfast, lunch and dinner) during the trek.
- Tea and coffee three times a day.
- Lodge and hotel accommodation tented during the expedition.
- Base camp and High camp camping and kitchen equipment.
- Arrangement of Emergency Helicopter service which will be paid by your Travel insurance company.
- First Aid medical kits.
- Experienced & Licensed High Altitude Climbing Sherpa climbing fee.
- Peak permit, Annapurna conservation area permit (ACAP).
- Guide/porters/Sherpa, all crew: food, salary, lodge, transport, insurance, equipment, etc.

Excludes

- International Flight.
- All Personal Expenses such as laundry, telephone calls, bar bills beverage, snacks.
- Personal clothing and climbing gears. (Available on hire)
- Travel Insurance.
- Extra shower, battery re-charges etc.