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RUBY VALLEY TREK

Overview

Ruby Valley Trek, formerly known as the Ganesh Himal region, is an undiscovered beautiful route which lets you enjoy the exquisite beauty of the landscape as well as the cultural and traditional virtues of the region.

Located close to Kathmandu, the Ruby Valley Trek is a recently suggested trekking destination. This hiking trail in central Nepal is a hidden valley located between Langtang National Park and Manaslu Conservation Area.

The route passes through lowland terraced farmlands and foothills to reach ethnic Tamang communities at higher altitudes. This peaceful excursion offers magnificent panoramic views of the Himalayas. In addition to the breathtaking panoramas of the Ganesh Range, Lamjung Himal (6,800m), Langtang Lirung (7,300m), Manaslu (8,163m), and several other peaks, you will also encounter Ganga and Jamuna waterfalls, which are both captivating. Exotic plants, animals, and minerals including ruby, crystal, and zinc can be discovered in Ruby Valley. The entire trip takes place in a comfortable setting with homestays rather than in hotels or lodges, giving you an authentic Nepali experience that you will rarely get anywhere else.

Itinerary

Day 1: Drive from Kathmandu to Syabrubesi (1503m)

The grandeur and scenery of the Kathmandu Valley will be your backdrop as you have a warm and nutritious breakfast there. After a short period of rest, you will begin your tour through the Ruby Valley by driving from Kathmandu to Syabrubesi. We'll be driving into Langtang National Park to register our trekking permits. Following the Trisuli Bazaar, Ramche Gaon, and Dhunche is a 7 to 8-hour scenic drive that is unquestionably a wonderful ride. Although the path is somewhat winding and rough, you will be amazed by

the stunning surroundings.

Destination: Syabrubesi

Altitude Gain: 1503

Duration: 9

Accommodation: Teahouse

Day 2: Trek from Syabrubesi via Chawatar (lunch) to Gatlang. (2,337m

We'll be heading to Gatlang, a small Tamang settlement. After ascending a steep, winding path to Bahun Dada Pass, we descend to Gatlang. Will be stopping at Chawatar to have a delicious meal. Since the majority of the vegetables are locally grown and freshly harvested, the food is wonderfully excellent here. We can observe the richness of their culture and traditions as we travel around this magnificent Tamang community.

Destination: Gatlang

Altitude Gain: 2337

Duration: 6

Accommodation: Teahouse

Day 3: Trek from Gatlang to Somdang.

After breakfast at Gatlang, we will proceed to Parvati Kunda, which is named after the famous Hindu goddess Parvati. It is a natural alpine freshwater lake and is considered sacred by the local people. The habitat and lodges continue to get smaller as you walk further. We continue on the trail to Yuri Kharka through beautiful pine and rhododendron woodland. We trek towards the Somdang through Khurphu Bhanjyang after enjoying a fantastic supper at Yuri Kharka. A shut-down mine that once produced zinc, copper, tin, and crystals may be seen a few hours' walks from Somdang. Despite the mine's long-standing inactivity, you can still explore inside and enjoy its stunning beauty.

Destination: Somdang

Altitude Gain: 3271

Duration: 7

Accommodation: Teahouse

Day 4: Trek from Somdang via Pangsang Pass to Tipling.

We will cross the Pangsang La Pass on the fourth day of the expedition. We travel away from Somdang Village and toward the southwest to reach Pangsang Kharka while

admiring the magnificent mountains and breathtaking scenery. In Pangsang Pass, there is a large meadow called Pasang Kharka.

The Ganesh Himal Range and Mount Manaslu can both be seen in great detail from Pasang Kharka. There are comparatively fewer homestays on this trek because it is one of the less popular ones. After a lengthy trek, we eventually reach Tipling, descending from Laptung village while travelling through dense pine and rhododendron forests.

Destination: Tipling

Altitude Gain: 3842

Duration: 7

Accommodation: Teahouse

Day 5: Trek from Tipling to Chalise Gaon.

Today, we continue our journey toward Chalise Gaon. This trek will be leisurely and brief. We first make our way down through the tranquil jungle, across a river, and arrive at Chalise Gaon, which is located in a beautiful location. Shertung village is around 100 meters above Chalise Gaon, and both of these towns offer a wealth of exploration opportunities. Gurungs, Tamang's, and Dalits predominantly inhabit Chalise Gaon and Shertung.

Destination: Chalise gaon

Altitude Gain: 1800

Duration: 3

Accommodation: Teahouse

Day 6: Trek from Chalise to Borang, drive to Dhading Besi.

After a delicious breakfast, we will hike a little further to the settlement of Borang before descending to Lishne Khola. We ride a local jeep in Borang and go to Dhading Besi over a winding road that passes the villages of Akhu Khola and Kimdang Phedi. You'll encounter several tranquil communities on your way back, which will fill you with memories.

Destination: Dhading besi

Altitude Gain: 530

Duration: 7

Day 7: Drive from Dhading Besi to Kathmandu.

We will return to Kathmandu from Dhading Besi on the seventh day of the journey. The trip will take 4-5 hours. You will check into your accommodations as soon as you arrive in

Kathmandu, and the rest of the day is up to you.

Destination: Kathmandu

Altitude Gain: 1400

Duration: 5

Includes

- Three meals a day during the Trekking (Breakfast, Lunch and Dinner).
- Accommodations in Tea House/Lodge during the Trekking.
- Pokhara-Kathmandu flight costs (includes tax and government fees).
- Kathmandu to Syabrubesi (trek start) and Dhading Besi back to Kathmandu (trek end) by private vehicle.
- Trekking Guide, assistant trekking guide for groups with 12 or more trekkers and a porter (Sharing by two clients) with Insurance, food, and accommodations.
- Langtang National Park entry permit fee.
- Snacks (cookies) and seasonal fresh fruits every day.
- Rescue operation arrangement in case of complicated health conditions (funded by travel insurance).
- Proper First aid kit.
- A TIMS card (Trekking Information Management System) card fee.
- All government, local taxes, and official expenses.
- Company's duffel bag will also be provided. (If needed).
- All essential official fees.

Excludes

- International flight cost.
- Your travel insurance.
- Excess baggage charge (weight limit 9 kg per person).
- On arrival visa fees at Tribhuvan International Airport (30 days- USD 50).
- All accommodations and meals in Kathmandu, before and after the trek
- Extra night accommodations in Kathmandu due to early arrival, late departure, or early return from the trek.
- Personal expenses (shopping, snacks, boiled water, hot (tea/coffee) and cold drinks, hot shower, alcohol, Wi-Fi, telephone call, battery re-charge fee, extra porters, etc.
- Tips for the Guide and Porter(expected).

- Travel insurance that covers emergency high-altitude Heli – rescue and evacuation and health care costs (compulsory)
- Additional costs or delays due to circumstances beyond our control like bad weather conditions, itinerary modification for safety, government policy changes.